

**„CyberTraining - Ein Trainingsmanual zum Thema  
Cybermobbing“**

von

**Thomas Jäger**

Dokument aus der Internetdokumentation  
des Deutschen Präventionstages [www.praeventionstag.de](http://www.praeventionstag.de)  
Herausgegeben von Hans-Jürgen Kerner und Erich Marks im Auftrag der  
Deutschen Stiftung für Verbrechensverhütung und Straffälligenhilfe (DVS)

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Thomas Jäger: CyberTraining - Ein Trainingsmanual zum Thema Cybermobbing, in: Kerner,  
Hans-Jürgen u. Marks, Erich (Hrsg.), Internetdokumentation des Deutschen Präventionstages.  
Hannover 2011, [www.praeventionstag.de/Dokumentation.cms/1635](http://www.praeventionstag.de/Dokumentation.cms/1635)

The image features a large, stylized graphic on the left side. It consists of several overlapping circles and a large, curved shape that resembles a stylized 'C' or a smile. The colors are vibrant, including shades of blue, green, yellow, and purple, set against a dark background. The graphic is composed of many thin, overlapping lines that create a sense of motion and depth. The word "Cybertraining" is written in a bold, white, sans-serif font across the middle of the graphic. The letters are slightly shadowed, giving them a three-dimensional appearance as if they are floating or attached to the graphic elements.

# Cybertraining

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 16. DEUTSCHER PRÄVENTIONSTAG

30.-31. Mai, Oldenburg



## Leonardo da Vinci

**Förderungszeitraum:** Oktober 2008 – September 2010

**Ziel:** Erstellung eines Trainingsmanuals zum Thema Cybermobbing

### Partners:



Zentrum für empirische pädagogische Forschung (zef), Universität Koblenz-Landau



Universities of Seville, Cordoba and Madrid



Trinity College, Dublin



University of Coimbra



University of Surrey



Infoart



Yinternet



BarneVakten – Kids and Media

## **Zielsetzung**

Erstellung eines Trainingsmanual für Trainer

## **Trainingsmanual**

Basierend auf aktuellem Forschungsstand zum Thema Cybermobbing

Gleichzeitig praxisorientiert als Resource für Trainings

## Phase 1: Forschungsorientierte Phasen

- WP2: Bedarfsanalyse - Online-Befragung von Trainern + Online Focus Group (PT)
- WP3: Bedarfsanalyse - Online-Befragung von Experten + Online Focus Group (DE)
- WP4: Länderreports - Die Situation in Europa (ES)
- WP5: Länderreports - Ansätze und „Good Practice“ in Europa (UK)

## Phase 2: Erstellen von Trainingsmanual

- WP6: Trainingsmanual - Inhalte (IE)
- WP7: Implementieren von eBook (BG)

## Phase 3: “Dissemination”

- WP8: Dissemination



## Die Situation in den Partnerländern

Hintergrund

Terminologie

Erstes Auftreten

Reaktion von Medien / Öffentlichkeit

Forschungsstand

Häufigkeitsstatistiken

Formen von Cybermobbing

Alters- und Geschlechtsunterschiede

Methodische Probleme

## Präventions- und Interventionsansätze in den Partnerländern

Bundes- und Länderebene

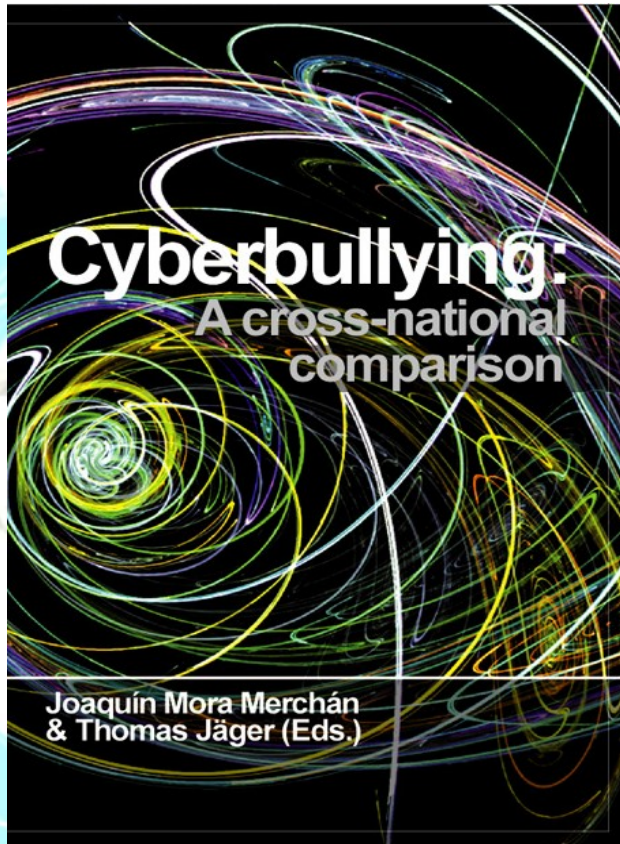
NGOs, Verbände, Kirchen etc.

Internet- und Mobilfunkanbieter

Schulen

Ressourcen zu Cybermobbing

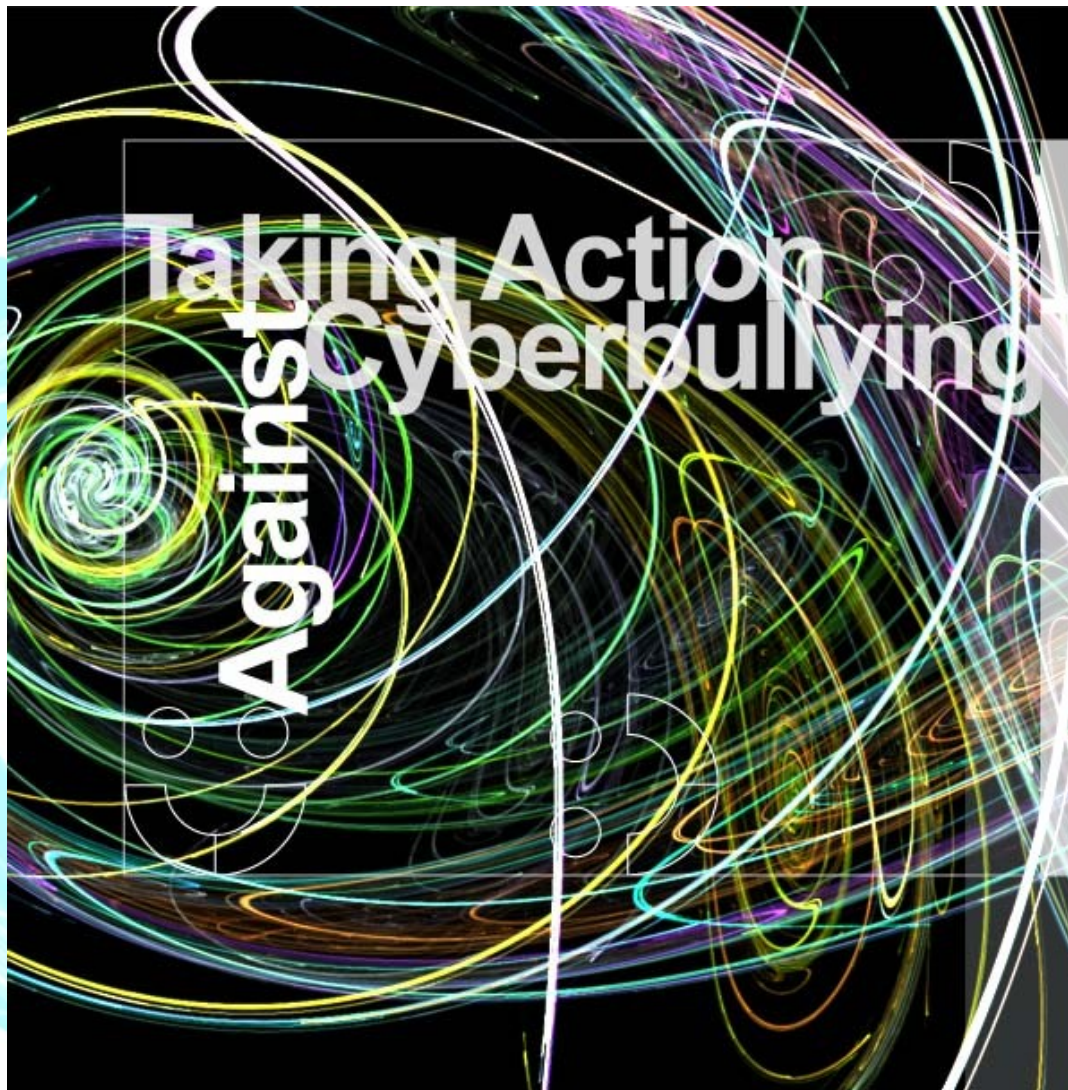
# Buch 'Cyberbullying – A Cross-National Comparision'



## Kapitel zu Cybermobbing in

- Deutschland
- Frankreich
- Schweiz
- Benelux-Länder
- Portugal
- Spanien
- Italien
- Griechenland
- Polen
- Bulgarien
- Großbritannien
- Irland
- Skandinavische Länder
- Australien
- USA
- Japan

# Das Trainingsmanual für Trainer



[> Project Website](#)

Cyber Training

Taking action  
against cyberbullying

[En](#)

[Es](#)

[Pt](#)

[De](#)

[Bg](#)

[> How to use](#)

[> About](#)

## Training Manual



142237-LLP-1-2008-1-DE-LEONARDO-LMP

This project has been founded with support from the European Commission. This communication reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained there in.



# Das Trainingsmanual für Trainer

**Modul 1: Trainingskonzeption: Prinzipien und Strategien - Eine Einführung** *(PT)*

**Modul 2: ICT und Sicherheit im Internet – eine Einführung** *(DE/NO)*

**Modul 3: Cybermobbing – eine Einführung** *(ES)*

**Modul 4: Cybermobbing – Was tun?** *(UK)*

**Modul 5: Elternarbeit** *(IE)*

**Modul 6: Arbeit mit Schulen** *(ES)*

**Modul 7: Arbeit mit Jugendlichen** *(UK)*

# The training manual for trainers

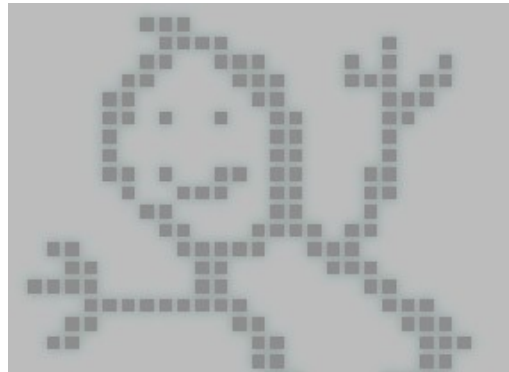
## 4. Tackling cyberbullying: approaches in Europe

- ▶ 1: Introduction to the training manual - principles and strategies
- ▶ 2: Introduction to cyberbullying
- ▶ 3: Introduction to ICT
- ▶ 4: Tackling cyberbullying: approaches in Europe
  - ▶ 4.1 Summary
  - ▶ 4.2 Introduction
  - ▶ 4.3 Objectives and envisaged learning outcomes
  - ▶ 4.4 Summary of current thinking and knowledge
  - ▶ 4.5 Activities
  - ▶ 4.6 Resources
  - ▶ 4.7 References
  - ▶ 4.8 Further reading and additional materials
- ▶ 5: Working with parents
- ▶ 6: Working with schools
- ▶ 7: Working with young people

### Module 4

## Tackling cyberbullying

Helen Cowie and Pat Colliety  
University of Surrey (United Kingdom)



# The training manual for trainers

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Zusammenfassung

Einführung

Lernziele

Aktueller Wissensstand

# The training manual for trainers

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Übungen

Ressourcen und Materialien

Quellenangaben

Weitere Quellen

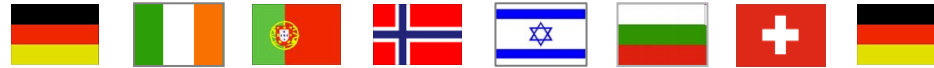
# The training manual for trainers

## Das Manual umfasst insgesamt ...

- Über 250 Seiten
- 45 Übungen
- 83 Resources und Materialien
- Hunderte Hyperlinks zu externen Ressourcen
- Verfügbar in EN, DE, ES, PT and BG (in Planung: IT)



# Neues Projekt – CyberTraining-4-Parents



Gefördert durch Grundtvig / Lifelong Learning Programme

Förderungszeitraum: November 2010 – Oktober 2012

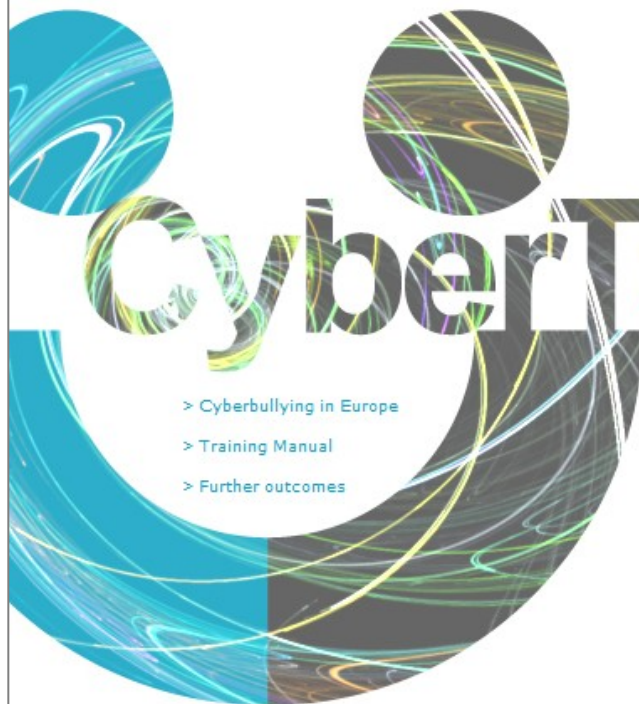
**CyberTraining eBook**

**Überarbeitung und Anpassung von Modulen**

**F-2-F Trainings für Trainer**  
*(3 pro Land)*

**2 moderierte  
Online Kurse für Eltern**

**Online Kurs für individuell  
Lernende**



- > [Cyberbullying in Europe](#)
- > [Training Manual](#)
- > [Further outcomes](#)



Taking action  
against cyberbullying



Education and Culture

**Leonardo da Vinci**

Project N°  
142237-LLP-1-2008-1-  
DE-LEONARDO-LMP

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# Taking action against cyberbullying

The CyberTraining project aims to provide a well-grounded, research-based training manual on cyberbullying for trainers. The training manual includes background information on cyberbullying, its nature and extent in Europe, current projects, initiatives and approaches tackling the cyberbullying problem, best practice Europe-wide as well as practical guidance and resources for trainers working with the target groups of pupils, parents, teachers and schools.

- [N News Blog](#)
- [F Experts' Forum](#)
- [F Trainers' Forum](#)
- [W Cyberbullying-Wiki](#)

URL: <http://www.cybertraining-project.org>

# Vielen Dank!

Im Namen der Partner des  
CyberTraining Projektes

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